

ADULT MEDICAL HISTORY				DATE: / /				
PATIENT NAME:			BIRTHDATE		AGE	SEX		
			/ /			M F		
PERSONAL ILLNESS OR MEDICAL PROBLEMS								
Please mark with an "X" any of the following illnesses and medical problems you have, or have had and indicate the year when each started. If you are not certain when an illness started, write down the approximate year.								
ILLNESS	"X"	YEAR	ILLNESS	"X"	YEAR	ILLNESS	"X"	YEAR
Eye or Eye Lid Infection			Arteriosclerosis			Epilepsy		
Glaucoma			Heart Murmur			Head Injury		
Cataract			Other Heart Condition			Stroke		
Other Eye Problems			Stomach/Duodenal Ulcer			Seizures		
Deafness			Diverticulosis			Arthritis		
Ringing Sound in Ears			Colitis			Cancer/Tumor		
Bronchitis			Gout			Bleeding Tendency		
Emphysema			Yellow Jaundice			Diabetes		
Pneumonia			Liver Trouble			Hepatitis		
Allergies			Gall Bladder Trouble			Measles		
Asthma			Hernia			Mononucleosis		
Tuberculosis			Hemorrhoids			Psoriasis		
Other Lung Problems			Kidney or Bladder Disease			Other Skin Problems		
High Blood Pressure			Prostate Problem(s)			Mental Illness		
Heart Attack			Migraine Headaches			Alcoholism		
High Cholesterol			COPD			Other: _____		

FAMILY HEALTH HISTORY				
Relationship	Age If Living	Age At Death	State of Health or Cause of Death	Please indicate any BLOOD relatives that have had any of the following: ILLNESS FAMILY MEMBER
Father				Diabetes
Mother				Cancer: Type?
Brother(s)				Blood Disease
				Glaucoma
				Seizures/Epilepsy
Sister(s)				Arthritis
				Tuberculosis
				High Blood Pressure
Spouse				Heart Disease
Children				Kidney Disease
				Alcoholism
				Mental Illness: Type?
				Gout
				Gall Stones/Other:

HOSPITALIZATIONS AND SURGERIES		CHECK BOX IF NONE
Please list the last four times, if any, that you have been hospitalized. Do not include normal pregnancies.		
YEAR	OPERATION OR ILLNESS	HOSPITAL & CITY
CURRENT MEDICATIONS	Check Box if None	ALLERGIES to Medications
Please list all Medications you are now taking. Include those you buy without a prescription (such as aspirin or cold tablets). MEDICATION NAME DOSAGE FREQUENCY		Check Box if None Please list any allergies to Medications you have had. Please DO NOT INCLUDE food allergies or hay fever.

SOCIAL HISTORY

Your Occupation:	Marital Status: Single Married Divorced Widowed Separate
Have you ever been exposed to chemicals or other harmful substances at work or elsewhere?	You currently live : Alone with Friends with Parents with Family Last grade completed in school: 6 7 8 9 10 11 12 College: 1 2 3 4 Graduate School
Are you sexually active? YES NO	What is your sexual preference? Male Female
Do you feel your life is stressful? YES NO	Date of last Tetanus Vaccination:
Did you have radiation treatment as a child? YES NO	
Please describe your eating habits:	
Please describe your exercise habits, type and frequency:	
Are there any medical or psychological problems that run in your family? YES NO If YES, please explain.	
SMOKING:	
Do you currently Smoke? YES NO Are you a former Smoker/Tobacco user? YES NO When did you quit?	
If YES to either question, circle the tobacco you use(d): Cigarettes Cigar Pipe Chewing Tobacco	
How much per day?	How many years?
DRINKING:	
Do you currently Drink? YES NO	
If YES, What kind(s) of alcohol do you drink?	
How much do you drink on one occasion?	
How often do you drink?	daily a few times a week one a week once a month other?
DRUG USE:	
Do you (or have you in the past) used:	Marijuana YES NO
	Cocaine YES NO
	Previous I.V. Drugs YES NO
	Other Drugs, Specify: YES NO
Do you drink coffee, tea or colas?	YES NO If YES, how much per day?

FEMALE ONLY		MALE ONLY
Age menstrual period began:	Vaginal itching/burning	Hernia
Date last period began:	Vaginal discharge	Discharge from penis
Could you possibly be pregnant? YES NO	Problem with periods	Pain in testicles
Age at menopause:	Sexual difficulties	Venereal disease
Pregnancies:	Lumps in breast(s)	Sexual difficulties
___ # LIVE BIRTHS ___ # MISCARRIAGES	Venereal disease	Vasectomy
___ # CESAREAN ___ # PREMATURE	Discharge from nipple(s)	Other problems(s)
___ # STILLBORN ___ # ABORTIONS	Tubal ligation	Please describe:
How many living children:	Pelvic Inflammatory Disease (PID)	
Method(s) of contraception used:	Other problem(s) Please describe:	
Date of last mammogram:		
Date of last pap smear:		
Please add any other comments not covered above:		